

The Diabetic Toes Test

By Medipin®

Diabetic Peripheral Neuropathy - Testing Pins



Caution



Do Not Re-use



Do Not Use
If Package
Is Damaged

Why use the Diabetic Toes Test – by Medipin®?

Patients with diabetes can sometimes experience neuropathy and 'Loss Of Protective Sensation' (LOPS) in the feet. This is due to nerve damage that makes feet prone to serious complications of injury to the skin such as ulcers and amputation. Thorough foot care is essential and the American Diabetes Association highlights the critical importance of detecting LOPS. Examination for neuropathy is usually performed in the doctor's office although routine home testing may help to reveal the presence of LOPS earlier than your regular checkup. Sensation testing is a simple procedure as recommended by the ADA. Medipin® is a precision device designed to help detect LOPS by testing sharp (pinprick) sensation without breaking the skin. Test Monthly.

Caution: Only use this device strictly as directed. Adult supervision required. Not for internal Use. Do not use on open wounds or badly damaged skin.

Instructions for Use - Please see picture on reverse of pack

1. Grasp a Medipin between thumb and finger and snap the tab to expose the point.
2. As in the picture gently press the point onto your big toe between the knuckle and nail with just enough pressure to dimple it. **DO NOT TRY TO PIERCE THE SKIN.** You should be able to feel a sharp pinprick sensation.
3. Use the same Medipin to test the other big toe in exactly the same way.

INABILITY TO FEEL PINPRICK ON EITHER BIG TOE WOULD BE REGARDED AS AN ABNORMAL TEST RESULT AND YOU SHOULD CONSULT YOUR DOCTOR.

4. Though not truly sharp, dispose of the Medipin safely, either in a sharps container or by compressing the point against a robust metal surface to flatten it, before you throw everything, including the tab, away. You may also break the Medipin in two.
5. Repeat the test monthly and check the box or on the calendar to record it.

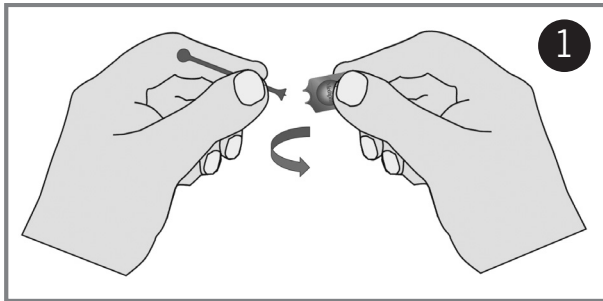
Home testing with Medipin® is not diagnostic or a substitute for examination by a qualified medical professional. If in doubt always consult your doctor.

For further information please visit: www.diabetictoestest.com

* Comprehensive Foot Examination and Risk Assessment: A report of the Task Force of the Foot Care Interest Group of the American Diabetes Association, with endorsement by the American Association of Clinical Endocrinologists, Diabetes Care August 2008 vol. 31, no. 8, pp1679-1685, p1681

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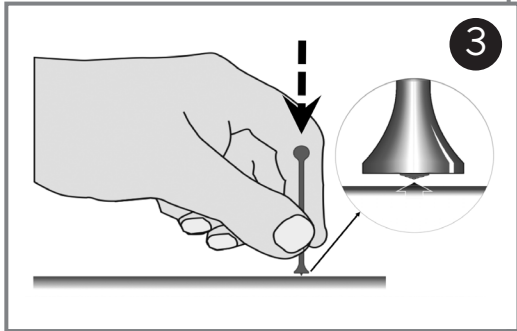
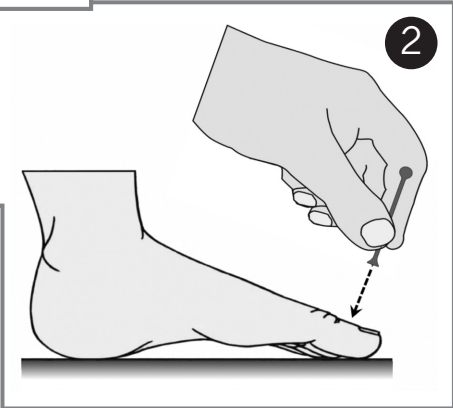


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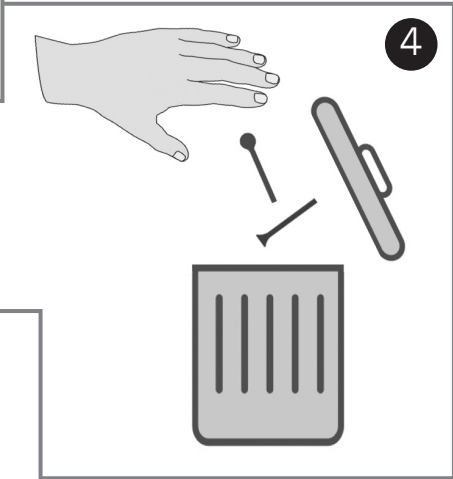
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www.
diabetictolestest.com



Used by diabetics - The early warning to **Help Detect Loss Of Protective Sensation**



Month	Jan	Feb	Mar	Apr	May	June
Foot	LR	LR	LR	LR	LR	LR
Result OK	✓	✓	✓	✓	✓	

 
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